

# Smoky Salmorejo – Chilled Spanish Tomato Soup

By Chef Veera Gaul, Ph.D.



## Ingredients

2 ½ lbs vine ripened tomatoes, cored and chopped

4 one-inch thick slices of ciabatta (or other rustic white bread)

2-3 garlic cloves, chopped

1 tablespoon sherry vinegar \*

1/4 cup Smoky Garlic Oil (or any other smoked EVOO) plus more for drizzling \* Kosher salt

2 hard boiled eggs, peeled and chopped (see Chef Tip below)

½ cup chopped Serrano Ham or prosciutto

Toasted, salted Marcona Almonds or regular whole blanched almonds Parsley for garnish

Vegan option garnishes

1 cup garlicky croutons

1 tablespoon Smoky Garlic Oil (or any other smoked EVOO)

8 oz cremini mushrooms, sliced

### **Preparation**

Remove the crusts from the slices of bread and cube. Measure out about 2 cups of bread cubes.

Chop the tomatoes, add the measured bread cubes, garlic and pour into a food processor. Let sit for 15 minutes till the bread softens. Add the vinegar and pulse until smooth (add up to ½ cup of water or vegetable broth to get a soup consistency).

With the processor running, gradually drizzle in the Smoky Garlic Oil. Strain through a fine sieve or cheesecloth into a bowl. Season with salt, cover and refrigerate until very cold (at least an hour or overnight)

Serve garnished with chopped hard-boiled eggs, serrano ham, toasted Marcona almonds and a drizzle of additional smoky garlic oil

For the vegan option, sauté mushrooms in a tablespoon of oil till caramelized and browned. Sprinkle over the soup with the garlicky croutons, Marcona Almonds and a drizzle of additional smoky garlic oil.

Active Time: 15 minutes. Total time: 30 minutes Serves 4-6

#### **Notes**

- \* A good Spanish Sherry vinegar or Vinagre de Jerez is the classic ingredient but you can substitute with a rice wine vinegar or champagne vinegar.
- \* I use the <u>Smoky Garlic grapeseed oil</u> from our <u>Oil & Vinegar franchise</u>. You can also substitute with another smoked oil or if you prefer to go without the smokiness, a classic garlic EVOO or even a plain Spanish EVOO. The flavor of the soup will change accordingly.

#### **Chef Tips**

Perfect boiled eggs: To make perfect boiled eggs without that ugly green ring around the yolk, place eggs in a pot:

- Cover eggs in cool water and bring to a boil.
- When the water reaches a rolling boil, cover the pot and turn off the heat. Let sit for 6-7 minutes covered in the pot on the stove.
- Drain and plunge in ice cold water for 15 minutes. To make peeling easier, crack the eggs slightly before putting in the ice water.

Categories: Appetizer, Soups & Salads, Pork, Vegetarian-Option, Vegan-Option, Dairy-Free, Tomato Soup, Salmorejo, Chilled Spanish Soup, Sherry Vinegar, Smoky Garlic Oil, Hard Boiled Eggs, Perfect Boiled Eggs, Mediterranean Diet, Week Night Dinner, Marcona Almonds, Cold Soup, Serrano Ham